

10A NCAC 27G .3817 MINIMAL PROGRAM CONTENT

- (a) All levels of Substance Abuse Services for DWI offenders shall include education for all clients on:
- (1) all items specified in the "clinical interview", as defined in Rule .3805 of this Section;
 - (2) North Carolina DWI laws, penalties and requirements for driver license reinstatement;
 - (3) the effects of alcohol and other psychoactive substances on the body, brain, judgment and emotions of individuals, with special attention to the systems and abilities used in the operation of a motor vehicle;
 - (4) the measurement of alcohol in the system, Alcohol Concentration; and
 - (5) the effects of fatigue, hunger, anger, depression and prolonged inattention on driving behavior, by themselves and in conjunction with mood altering drugs in the body.
- (b) Short Term Outpatient Treatment shall include all of Paragraph (a) of this Rule and the following items:
- (1) responsible decision making concerning the use of alcoholic beverages;
 - (2) indicators that a person is at increased risk for more serious alcohol/drug problems:
 - (A) family history of alcohol/drug problems;
 - (B) attachment to a peer group in which primary social activities center on alcohol or other drug use;
 - (C) strong need for approval and acceptance and a desire to alter feelings; and
 - (D) early signs of tolerance.
 - (3) introduce coping skills appropriate to the problem level: to include skills for refusing to drink/use, planning and limit setting strategies and an abstinence contract as a learning experience.
- (c) Longer Term Outpatient Treatment shall include all of Paragraph (a) of this Rule and the following items:
- (1) an explanation of alcohol/drug dependence, as a bio-psycho-social illness characterized by:
 - (A) general progression of dysfunction in body, emotions and social/family functioning;
 - (B) strong emotional defense patterns including denial, rationalization and deflecting blame;
 - (C) pronounced ambivalence, i.e. the individual wants to be different yet wants to continue in the present behavior; and
 - (D) difficulties in social and family systems of the individual.
 - (2) The introduction of concepts, skills and resources for recovery:
 - (A) relapse Prevention concepts and skill building;
 - (B) assistance in learning to address spiritual needs; and
 - (C) resources for self-help, support and ongoing recovery.
- (d) Day Treatment/Intensive Outpatient Treatment Provide (a) and (c), but in the context of the client's more advanced problems and greater need for intensive treatment (see ASAM Level II):
- (1) The program shall take a thorough history of the client and address all relevant problems through further assessment and/or services provided by the program or referral. Problem areas shall include the following:
 - (A) health and medical conditions;
 - (B) family relationships;
 - (C) manifestations of emotional problems or psychiatric illness;
 - (D) legal issues; and
 - (E) employment related issues.
 - (2) Training and Continued Education: Individuals who conduct and/or supervise DWI substance abuse services shall complete at least 12 hours of DWI-specific education within each two-year period, which must be documented in the personnel record of the employee and reported to DWI Services with the application for renewal of the approval process.

History Note: Authority G.S. 20-17.6(c); 122C-142.1; Eff. April 1, 2001; Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. July 20, 2019.